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Kyndal May, MFA, AdvCD/BDT(DONA), LCCE, FACCE

Professional Experience:

Baby Bump Services

2006 -Current

Eagle, ID

Owner

- Lamaze Certified Childbirth Educator: facilitate my Confident Birthing/Second Circle Classes 15-20 sessions per year
- DONA Certified Doula: Provide professional birth support services for 2-4 clients per month
- DONA-Approved Birth Doula Trainer – conduct 4-8 birth doula trainings per year; 4-8 Advanced Doula Trainings
- Speaker, Conference speaker/presenter on Birth/Parenting related topics
- Consultant/Copywriting birth related websites

Birth & Bodywork

1997 - 2006

Bellevue/Kirkland, WA

Owner

- Directed Parent Education program consisting of 6-8 classes and support groups running simultaneously
- Provided labor support services for 2-3 clients per month
- Developed and taught 8 week Confident Birthing Childbirth Classes every week to 9-12 couples
- Provided therapeutic massage to 20- 30 clients per month (prenatal, somatic styles, deep tissue, injury treatment)

Puget Sound Midwives & Birth Center

1997-2003

Kirkland, WA

Director of Outreach and Education

Developed and managed all advertising for PSMBC in partnership with midwives; Co-created website and wrote most of website content; Initiated, developed, and managed all major promotional events and collateral materials; Negotiated sponsorship relationships with national companies and local promotional partners; Co-wrote proposal for a community outreach and education campaign in partnership with PBS television. Raised \$20,000, in partnership with local chapter of Citizens for Midwifery for sponsorship of PBS documentary *Born in the USA*
 Developed marketing strategies with limited funds; Managed all promotional advertising campaigns from creation to production; Initiated, developed and promoted all parent education programs; Facilitated and/or taught appropriate programs; Backed up front desk personnel in answering multi-line system, greeting clients and visitors and taking prospective clients on tours of birth center; Wrote and produced quarterly Birth Center Newsletter which was distributed throughout Puget Sound area to businesses, maternity practices, retailers and all Birth Center families (distribution 1000-1500); Planned and executed promotional outreach and educational events

Volunteer Experience:

Chair, Idaho State Chapter, Postpartum Support International current
 DONA International Director of Education, 2014-2017
 DONA International, Western Pacific US Regional Director 2013-current;
 Idaho State Board of Midwifery - appointed by governor 2009 - 2015
 CIMS (Coalition to Improve Maternity Services) Nurse Recognition Committee
 The Big Push for Midwives-Idaho Team-working for licensure for Midwives in Idaho
 Idahoans for Midwives - worked for licensure for Midwives in Idaho
 The Midwives Association of Washington State – Friends of Washington Midwives
 The Seattle Midwifery School – Conference and Auctions
 The South King County Breastfeeding Coalition – Breast Friends Resource Guide

REFERENCES:

Christine Morton, PhD California Maternal Quality Care Collaborative, Stanford Christine@christinemorton.com
 Jessica English, CD(DONA), LCCE, BDT(DONA) Owner, Birth Kalamazoo 269.598.1488 / Jessica@birthkalamazoo.com

EDUCATION BIRTH RELATED:

- **1995** DONA Approved Labor Support Course/Seattle Midwifery School – Taught by Penny Simkin, Melissa Chasan, Sandy Szalay, Dana Blue, Annie Kennedy and Sally Avenson
- **1999** Childbirth Education Association of Seattle-Teacher Training – Taught by Penny Simkin, Ann Keppler, Janet Whalley
- **2000** REACHE Conference, Pam England, Birthing from Within
- **2002** REACHE Conference, Optimal Fetal Positioning, Jean Sutton
- **2004** REACHE Conference, Henci Goer, Michael Klein, MD- The Illusion of Choice in Childbirth
- **2005** REACHE Conference: Suzanne Arms, Author: Immaculate Deception; and Robbie Davis-Floyd, author: Birth as an American Rite of Passage
- **2008** Lamaze Childbirth Educator Certification Training Passion for Birth with Teri Schilling
- **2009** DONA TENS Training for Birth Doulas, Debbie Young, CD
- **2009** DONA Doula Trainer Training- Penny Simkin, Pat Predmore
- **2009** DONA International Conference, Atlanta, GA:
- **2011** DONA Postpartum Doula Training - Ann Grauer, Director of Education, DONA International
- **2011** REACHE Conference: Pam England and Michele Deck
- **2012** Best Practices in Lactation Care, the Five Day Course, Molly Pessl, BSN, IBCLC
- **2012 Speaker** DONA International 20th Anniversary Conference, Cancun Mexico- **“Get to the Need: Moving through Resistance and Fear”**
- **2012** Birthing From Within Mentor Training, Virginia Bobro, Boise, Idaho
- **2012** Still Birthday Bereavement Doula Training, Heidi Faith
- **2013** DONA Postpartum Doula Training – Angie Dobbins-Frisbie, Faculty, Bastyr University/Simkin Center for Allied Birth Professionals
- **2013 Speaker** DONA International Conference, Virtual Conference: *“The Doula’s Guide to Birth Photography, Telling the Story Through Images”*
- **2013 Speaker** Idaho Midwifery Council Conference: *Bereaved: Supporting the Family and Ourselves through Loss & Trauma*
- **2014 Lamaze/DONA Confluence**, Kansas City, KS
- **Speaker, DONA International Trainer Retreat**, Clearwater, FL
- **2016 DONA International Conference**, Bellevue, WA (Speaker Selection Chair)
- **2016 Peanut Ball Training**, Bellevue, WA Amy Bookwalter
- **2016 Spinning Babies Training**, Treasure Valley Doulas Conference, Boise, ID Lorenza Holt
- **2017 DONA International Virtual Conference**, (Speaker Selection Chair)
- **2017 Postpartum Support international Conference**, Philadelphia, PA
- **2017 DONA International Trainer Retreat**, Washington DC
- **2017 Lamaze International Advocacy Summit**, Washington, DC
- **2018 Postpartum Support International Components of Care Training**, Boise, ID

PUBLISHED PHOTOGRAPHY:

Birth Ambassadors: Doulas and the Re-emergence of Woman- Supported Birth in America. Morton and Cliff
The Essential Homebirth Guide, Drichta and Owen.
International Doula
Journal of Perinatal Education

THERAPEUTIC BODYWORK AND MOVEMENT:

- 2014 -- Cranio Sacral Therapy I, Signy Erickson, Boise Idaho
- 1998 – Certified in Pre & Perinatal Massage, Carole Osborne-Sheets
- 1996 – Brian Utting School of Massage, Seattle WA - 950 Hours
- 1994 – Nationally Certified in Therapeutic Massage and Bodywork
- 1993 - Trager Training (through Advanced level trainings)
- 1993 – Primary Movement Patterns (based on the work of Bonnie Bainbridge Cohen)
- 1989 - Rose Myotherapy Center, Dallas TX - 300 Hours
- 1986 – Laban Bartenieff, Feldenkrais and Alexander Technique movement work through FSU program

COMMUNICATION:

2014 - Respectful Confrontation, with Joe Weston

2010, 2011, 2012, 2013 Non-Violent Communication: Managing Conflict and Workplace Harmony